

CAMP OLYMPIA *Retreats*

HEALTH & WELLNESS

PRIOR TO RETREAT:

- ★ All guests should monitor their health and check for any COVID or infectious disease symptoms in the 10 days leading up to arrival. We recommend conducting temperature checks in these 10 days leading up to arrival.
- ★ Guests are NOT allowed to attend if they are sick, exhibiting any [COVID-19 symptoms](#), or have been directly exposed to someone who has tested positive for COVID within the last 14 days.

DURING YOUR RETREAT:

- ★ At check-in, all guests will be required to complete a health screening, which screens for COVID symptoms and checks for elevated temperature. Anyone with symptoms or a temperature exceeding 99.5° F will be asked to leave to limit possible exposure.
- ★ Proper and frequent hand washing is important. Please utilize the many hand washing and hand sanitizing stations around our facility.
- ★ Physical distancing of at least 6' must be practiced at our facility with anyone outside of your household.
- ★ Masks must be worn at our facility when physical distancing cannot be maintained. Exceptions include guests within the same household, participants in any water or physical activity, or when eating or drinking.

AFTER THE RETREAT:

- ★ Guests should limit interaction with anyone considered at a higher risk of serious illness from COVID for 14 days after the retreat.

CAMP OLYMPIA RETREATS

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